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# ***TESTING INTERVENTIONS FOR DRASTIC PUBLIC HEALTH THREATS***

## ***"SOCIAL VALUE", PRAGMATIC RISKS AND THE CHALLENGE OF "HEALTH-RELATED RESEARCH" ETHICS***

### ***THE CASE OF DRUG RESISTANCE***

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# Important news in the new CIOMS guidelines

## 1. SCOPE

- Biomedical research → **Health-related** research

## 2. VALUE BASE

- Knowledge & health → knowledge & **Social value**



# Meaning? Signal?

- Public health on equal footing with (individual) health in portal statutes. Apparently large difference to Helsinki Decl.
- Inclusion of research that targets social institutions and practices, rather than somatic and natural causal webs → evidence based health policy
- Broader set of value considerations that determine and might balance individual risks and benefits: public goods, institutional qualities, popularly/culturally embraced concerns
- Standard consent regimes often not viable/feasible (more later!). Beyond H.D. standard assumption
- **Focus on the pragmatics of (public) health interventions:** having them actually deliver what may ideally justify them. **Increasing apparent conflict w. H.D.**

# Framework for assessing testing interventions for drastic public health threats

- Challenging disease outbreaks: ebola, zika ...
- Climate change and mass migration ...
- **Drug resistance**
  
- Underlying mechanisms (at least) as much social as biomedical/natural. Impact requires complex **packages of biomedical measures *and* interventions for social change**
- Complicated task to show actual effect
- **New panorama of research ethically relevant risks:** harm or counterproductivity on massive scales due to social and institutional factors
- **Good case for testing, but also for ethical assessment of such research:** Chapter by us in forthcoming book on drug resistance ethics, ed. by Michael Selgelid & Zeb Jamrozi (Springer).

## Focus here:

- **Important and peculiar risk factor:** institutional and social responses to intervention packages that would be justified in ideal circumstances may create grave suboptimality, outright counterproductivity and irreversible harm → **pragmatics, something very different from "side-effect" risks**

# Drug resistance: three types of interventions

1. **Innovation stimulation:** Interventions to incentivise and speed up the development of new drugs (antibiotics, antivirals, etc.)
  - ”Expedited programs”: fast track, priority review, etc.
  - Financial incentive schemes: subsidies, modified patent-constructions, etc.

**PRAGMATIC RISK:** Producers and innovators incentivised to overly focus on that for which there is a specific reward, undermining important and effective drug development in other areas, while research is bent to focus on mostly unrealistic targets.

2. **Stewardship stimulation:** Interventions to optimise the use of (new) drugs in light of resistance development.
  - Prescription guidelines/regulations
  - Changing general institutional and regulatory frameworks

**PRAGMATIC RISK:** Policy changes fail to attract the public support needed for them to be politically feasible/institutionally effective

3. **Environmental health action:** Internalising external environmental cost of production practices driving drug resistance.
  - Taxing regimes, eg. for food that depends on the use of resistance driving drugs
  - Penalising (criminally or financially) drug producers allowing resistance driving emissions

**PRAGMATIC RISK:** See 2 + producers are incentivised to move production to unregulated territory

# Implication for research ethical review

- Very good reason for having responses to drastic public health threats tried out as health interventions in a scientific manner
- Likewise good reason for such trials to be subjected to ethical review that includes the social and institutional aspects of the "social value" of such research
- **Assessing the potential for benefit** that may justify such trials needs to include the pragmatic risks of counterproductivity
- **Trial designs** should include controlling for the pragmatics (in contrast to standard assessment of biomedical research trials, where loss of effect due to pragmatic imperfection is typically ignored).
- Important for review to **identify drastic pragmatic risks** that threaten to block effective health policies for long times, and demand **stopping criteria** to curb these.

# Playback towards the new CIOMS guidelines

- Are the guidelines trying to swallow too much? → pushing research ethical review into an evidence based policy-making pipe dreams?

**Not necessarily, but it is a challenge**

- Are the institutions of reseach ethical review (boards, etc.) prepared to rise to the task?

**No, neither resources or routines suffice**

- Is the (apparent) conflict with H.D. a problem?

**Yes**



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# Thank You!

Free of charge symposium:

## **Ethics and Value Challenges in Antibiotic Resistance Management, Policy & Research**

**15-16 November, 2017**

**Main Auditorium, University of Gothenburg**

More info & registration: <http://care.gu.se/conference-in-ethics--nov-2017>